

Maple Hill October 2011 Hot Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Vegetable Lasagna</i> <i>Spinach salad</i> <i>milk</i>	4 <i>Spaghetti with meat-</i> <i>balls</i> <i>Cesar salad</i> <i>milk</i>	5 <i>Meatball soup with</i> <i>whole grain bread</i> <i>Fruit slices</i>	6 <i>Cinnamon-Maple</i> <i>Quinoa with berries</i> <i>milk</i>	7 <i>pizza</i> <i>milk</i>	8
9	10 <i>Thanksgiving</i> <i>school closed</i>	11 <i>Scrambled eggs with</i> <i>Apple sauce muffins</i>	12 <i>taco soup</i> <i>With whole wheat bun</i> <i>Fruit slices</i>	13 <i>Chicken nuggets with</i> <i>garden salad rand dip</i>	14 <i>pizza</i> <i>milk</i>	15
16	17 <i>Spaghetti with meat-</i> <i>balls milk</i>	18 <i>Bird's Nest—Eggs</i> <i>and Pasta</i> <i>fruit</i> <i>milk</i>	19 <i>Broccoli Soup With</i> <i>whole grain bread</i> <i>Fruit slices</i>	20 <i>Sloppy Joes (with</i> <i>sweet potato and but-</i> <i>ternut squash)</i>	21 <i>pizza</i> <i>milk</i>	22
23/30	24/31 <i>Macaroni and cheese</i>	25 <i>Bacon and Egg Cups</i> <i>Milk</i>	26 <i>Chicken Alphabet</i> <i>soup with applesauce</i> <i>Muffins</i> <i>Fruit slices</i>	27 <i>Sesame Beef with</i> <i>Broccoli with rice</i> <i>pilaf</i>	28 <i>pizza</i> <i>milk</i>	29

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Broccoli Soup With whole grain bread Fruit slices Milk</i>	2 <i>Chicken nuggets with garden salad rand dip Milk</i>	3 <i>Farmers Breakfast (eggs, bacon,, whole grain macaroni, fruit) Milk</i>	4 <i>Pizza Milk</i>	5
6	7 <i>Vegetable Lasagna Spinach salad Milk</i>	8 <i>Spaghetti with meat-balls Cesar salad Milk</i>	9 <i>Meatball soup with whole grain bread Fruit slices Milk</i>	10 <i>Cinnamon-Maple Quinoa with berries Milk</i>	11 <i>pizza milk</i>	12
13	14 <i>Sloppy Joes (with sweet potato and but-ternut squash) Milk</i>	15 <i>Scrambled eggs with Apple sauce muffins Milk</i>	16 <i>taco soup With whole wheat bun Fruit slices Milk</i>	17 <i>Chicken nuggets with garden salad rand dip Milk</i>	18 <i>pizza milk</i>	19
20	21 <i>Spaghetti with meat-balls milk Milk</i>	22 <i>Farmers Breakfast (eggs, bacon,, whole grain macaroni, fruit) Milk</i>	23 <i>Broccoli Soup With whole grain bread Fruit slices Milk</i>	24 <i>Sloppy Joes (with sweet potato and but-ternut squash) Milk</i>	25 <i>pizza milk</i>	26
27	28 <i>Macaroni and cheese Milk</i>	29 <i>Bacon and Egg Cups Milk</i>	30 <i>Chicken Alphabet soup with applesauce Muffins Fruit slices, Milk</i>			

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Vegetable Lasagna</i> <i>Spinach salad</i> <i>Milk</i>	2 <i>Pizza w/milk</i>	3
4	5 <i>Macaroni and cheese</i> <i>Milk</i>	6 <i>Cinnamon-Maple</i> <i>Quinoa with berries</i> <i>Milk</i>	7 <i>Spaghetti with meat-</i> <i>balls</i> <i>Cesar salad</i> <i>Milk</i>	8 <i>Broccoli Soup with</i> <i>whole grain bread</i> <i>Fruit slices</i> <i>Milk</i>	9 <i>Pizza w/milk</i>	10
11	12 <i>Farmers Breakfast</i> <i>(eggs, bacon,, whole</i> <i>grain macaroni, fruit)</i> <i>Milk</i>	13 <i>Sloppy Joes (with</i> <i>sweet potato and but-</i> <i>ternut squash)</i> <i>Milk</i>	14 <i>Chicken nuggets with</i> <i>garden salad & ranch</i> <i>dip</i> <i>Milk</i>	15 <i>Farmers Breakfast</i> <i>(eggs, bacon,, whole</i> <i>grain macaroni, fruit)</i> <i>Milk</i>	16 <i>Pizza w/milk</i>	17
18	19 <i>Broccoli Soup With</i> <i>whole grain bread</i> <i>Fruit slices</i> <i>Milk</i>	20 <i>Spaghetti with meat-</i> <i>balls</i> <i>Cesar salad</i> <i>Milk</i>	21 <i>Scrambled eggs with</i> <i>Apple sauce muffins</i> <i>Milk</i>	22 <i>Vegetable Lasagna</i> <i>Spinach salad</i> <i>Milk</i>	23 <i>Pizza w/milk</i>	24
25	26 <i>Cinnamon-Maple</i> <i>Quinoa with berries</i> <i>Milk</i>	27 <i>Chicken nuggets with</i> <i>garden salad & ranch</i> <i>dip</i> <i>Milk</i>	28 <i>Sloppy Joes (with</i> <i>sweet potato and but-</i> <i>ternut squash)</i> <i>Milk</i>	29 <i>Macaroni and cheese</i> <i>Milk</i>	30 <i>Pizza w/milk</i>	31